NCLL Pitching Log

Date:_____

Home Team:_____

Player Name:	Uniform #	# of Pitches/Innings

Away Team:_____

Player Name:	Uniform #	# of Pitches/Innings

Signatures:

Coach:_____

Umpire:_____

Coach:_____

Umpire:_____

Ages 13-14-95 pitches per day

Ages 11-12-85 pitches per day

Ages 9-10-75 pitches per day

Ages 7-8-50 pitches per day

11-year-old pitching in the minor league is 75 pitches per day.

- **If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.**
- **If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.**
- **If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.**
- **If a player pitches 21- 35 pitches in a day, one (1) calendar day of rest must be observed.**
- **If a player pitches 1-20 pitches in a day, no (0) calendar days of rest must be observed.**
- **A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.**
- **Any player who has played the position of catcher in four (4) or more innings in a game is not eligible to pitch on that calendar day.**
- **SOFTBALL: Minors/Majors: A player may pitch in a maximum of twelve (12) innings in a day. If a player pitches in seven (7) or more innings in a day, one calendar day of rest is mandatory. Delivery of a single pitch constitutes having pitched in an inning**

*****Pitching logs MUST be turned in at the end of the night, signed to qualify for playoffs.*****
*****Pitching logs MUST be available at every game for review.*****